

**What is claimed is:**

1. An apparatus comprising:  
a headrest assembly adapted to non-destructively snapably attach to a pair of uprights of a wheelchair, said headrest assembly comprising a substantially rigid horizontal member adapted to substantially span a width defined by the pair of uprights.
2. The apparatus of claim 1, wherein said headrest assembly is adapted to non-destructively detach from the pair of uprights.
3. The apparatus of claim 1, wherein said headrest assembly comprises a lateral head support.
4. The apparatus of claim 1, wherein said headrest assembly comprises a pair of opposing head supports.
5. The apparatus of claim 1, wherein said headrest assembly comprises a head pad.
6. The apparatus of claim 1, wherein said headrest assembly comprises a removable head pad.
7. The apparatus of claim 1, wherein said headrest assembly comprises a headrest height adjuster.
8. The apparatus of claim 1, wherein said headrest assembly comprises a headrest width adjuster.
9. The apparatus of claim 1, wherein said headrest assembly comprises a headrest width adjuster located adjacent a head pad.

10. The apparatus of claim 1, wherein said headrest assembly comprises a headrest width adjuster surrounded by a head pad.
11. The apparatus of claim 1, wherein said headrest assembly comprises a removable washable head pad.
12. The apparatus of claim 1, wherein said headrest assembly comprises a headrest depth adjuster.
13. A system comprising:
  - a wheelchair comprising a pair of uprights supporting a seat back; and
  - a headrest assembly non-destructively snapably attached to said pair of uprights, said headrest assembly comprising a substantially rigid horizontal member substantially spanning a width defined by said pair of uprights.
14. A method comprising:
  - non-destructively snapably attaching a headrest assembly to a pair of uprights supporting a seat back, the headrest assembly comprising a substantially rigid horizontal member substantially spanning a width defined by the pair of uprights; and
  - adjusting the headrest assembly.
15. The method of claim 14, further comprising:
  - assembling the headrest assembly.
16. The method of claim 14, further comprising:
  - adjusting a depth of at least a portion of the headrest assembly.
17. The method of claim 14, further comprising:
  - adjusting a height of at least a portion of the headrest assembly.

18. The method of claim 14, further comprising:  
adjusting a width of at least a portion of the headrest assembly.
19. The method of claim 14, further comprising:  
adjusting an inclination of at least a portion of the headrest assembly.
20. The method of claim 14, further comprising:  
non-destructively detaching a head pad from the headrest assembly.
21. The method of claim 14, further comprising:  
non-destructively detaching the headrest assembly from the pair of  
uprights.